



GreenAromaYoga

with Michele Gardner*



Ever wanted to try a yoga class?
Sample our "green" beginner yoga class
combined with a selection of "green"
Therapeutic Essential Oils.

Saturday March 13th
1:30 p.m.

OPEN TO ALL

AromaYoga Class only \$15

Hotel Guests, Spa Guest & Members FREE

No RSVP requires, first come, first serve.

www.mirbeau.com 315-685-5006

851 W. Genesee St. Skaneateles, NY

*Michele is a certified Yoga Alliance ryt 200 teacher who is following her passion of combining Therapeutic Essential Oils to deepen, harmonize and uplift her Vinyasa Flow Yoga classes.