



# LoveAromaYoga

with Michele Gardner\*

Therapeutic Essential Oils combined with a  
beginner to intermediate yoga class  
to open your Heart Chakra

Saturday  
February 13th  
1:30 p.m.

Your task  
is not to seek for love,  
but merely to seek and find  
all the barriers within yourself  
that you have built against it."

- Rumi

\*Michele is a certified  
Yoga Alliance ryt 200  
teacher who is following her  
passion of combining Therapeutic  
Essential Oils to deepen, harmonize  
and uplift her Vinyasa Flow Yoga classes.

**OPEN TO ALL**

AromaYoga Class only \$15 Hotel Guests, Spa Guest + Members FREE

No RSVP required, first come, first serve.

www.mirbeau.com • 315-685-5006 851 W. Genesee St., Skaneateles, NY