



Renew Aroma Yoga

with Michele Gardner*

Saturday, January 16th 1:30 p.m

Renew and celebrate the new year in a
beginner to intermediate yoga class
combined with Essential Oils



OPEN TO ALL

AromaYoga Class only \$15 Hotel Guests, Spa Guest + Members FREE. No RSVP required, first come, first serve.
*Michele is a certified Yoga Alliance rgt 200 teacher who is following her passion of combining Therapeutic Essential Oils to deepen, harmonize and uplift her Vinyasa Flow Yoga classes.
www.mirbeau.com • 315-685-5006 851 W. Genesee St., Skaneateles, NY